



STAGES Assessment and Debrief

One of the exceptional tools we employ in our practice is the **STAGES Assessment** protocol. While not necessary for engagement, this tool is an excellent starting place whether working one-on-one, in a group, or even in the pursuit of conflict resolution. This process can also be used à la carte.

What is it?

The **STAGES Model** was developed in applied research by *Terri O'Fallon*, and in clinical practice by her close collaborator, *Kim Barta*. This sophisticated model draws upon, refines, and goes beyond existing research assessment protocols in order to draw out a clear snapshot of one's developmental journey.

Unlike typology models such as the Myers-Briggs and others that place us in the long-term preferential matrices, stage related models help us to identify the real-time location of our feet in developmental journeys that continue and change throughout our lives.

What sets this model apart is its ability to tap into underlying evolutionary principles at play in the growth of just about any system, living or otherwise. Leveraging these patterns allows us to consider more deeply into the clear opportunities at hand.

As we grow from infancy throughout our lives, and perhaps even into some of the latest stages of adult development, we carry with us traces of our unique explorations into maturity. These traces are like priceless jewels of self-realization made easily available to us by looking through the lens of this developmental model.

By leveraging these precious insights, we can more effectively encounter our current questions, challenges, and opportunities for growth.

How does it work?

The **STAGES Assessment** protocol is a 36-sentence stem completion exercise that takes anywhere from 45 to 90 minutes to complete, preferably in one sitting. This portion is often an engaging and enlightening experience in itself; and is one that you complete on your own in the privacy and comfort of your own home or workspace.

Next, your assessment will be reviewed and scored using a specific and professionally certified approach. In combination with the final scored protocol, you will also receive a detailed report, unique to you, to facilitate your sense making with the report document, as well as providing you clear action steps you can take to leverage the insights provided.

Report in hand, the second portion of our process is a one-on-one confidential **debrief conversation**, again conducted in a professional and certified format, designed to enable you to make the very most of this remarkable window into your own interior development and evolution.

This debrief conversation stands on its own as an excellent point of departure for your own inquiry, though it also provides a perfect stepping off point for a continued **Wisdom Dialogues** engagement, whether in service to your own reflective process, a group or teambuilding exercise, or even the pursuit of conflict resolution.



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Finally, it is important to note that the insights revealed through this approach can be deeply personal, and we of course hold the content of these reports and assessments and the subsequent dialogues in the utmost of confidence. You may choose to share with others voluntarily from your own experience, but we as facilitators will never disclose this information about you to others, either in private or in the group settings.

Feel free to schedule with us for an introductory conversation at your leisure:

<http://www.wisdomcounsel.life/InfoCall>

Basic Services and Fees

STAGES Assessment with report — \$400

Formal STAGES Debrief Coaching session — \$250

The Formal Debrief and Coaching session is scheduled for one hour and is most often conducted by Zoom video (also available telephonically only) and can be recorded for your personal review and reflection as you wish.

Wisdom Dialogue Foundation Packages — \$1600

Includes: **STAGES Assessment** (assessment includes a written report with practical recommendations for action); Formal **STAGES Debrief Coaching session** to assimilate the value and insight of the assessment; Three (3) monthly **Wisdom Dialogue engagements** – 60 minutes each.

À la carte:

Individual Wisdom Dialogue sessions — without Foundation Package: \$375
— after Foundation Package: \$275

Ready to begin? Follow this link to take the assessment and begin to explore your **STAGES** of development:

<http://www.wisdomcounsel.life/GetSTAGES>

Related Services

The **STAGES Assessment and Debrief Coaching** sessions can be leveraged to great effect in personal Coaching and Consulting, also in the context of **Team and Group** facilitation, as well as **Conflict Resolution** settings. See website at www.WisdomCounsel.life or accompanying materials for details.

